TEACHING SKILLS		
1st Year BA Hons Psychology		
Sem- 1		
Exam Subject	**Subject Code**	**Credits**
Basic Psychological Process - 1	PSY-101-IC	3+1=4
Psychology & Effective Behavior – I	PSY-102-IC	3+1=4
History of Ancient India (From Pre- History To 6th Century B.C)	HIE101-1C	3+1=4
MDC- Introduction to Economics	MDC101-1C	3+1=4
Panchtantra Vishnusharma	AEC-101-1C	1+1=2
Shree Madbhagvadgita	SEC-101-1C	1+1=2
IKS-1	CVA101-1C	1+1=2

TEACHING SKILLS		
1st Year BA Hons Psychology		
Sem- 2		
Exam Subject	**Subject Code**	**Credits**
Basic Psychological Process - II	PSY-103-IC	3+1=4
Psychology & Effective Behavior – II	PSY-104-IC	3+1=4
History Of Ancient India (From Mauryan Age To 650 A.D)	HIE102-1C	3+1=4
MDC Labour Economics	MDC102-1C	3+1=4
Sanskrit.-Hitopadesh	AEC-102-1C	1+1=2
Shree Madbhagvadgita	SEC-102-1C	1+1=2
IKS-2	CVA102-1C	1+1=2

B. A. PSYCHOLOGY
Semester – I
PSY101- 1 C (BASIC PSCHOLOGICAL PROCESS - 1)

UNITS	TOPICS	SUB-TOPICS
I.	PSYCHOLOGY AS A SCIENCE - INTRODUCTION	1. Definition of Psychology 2. Psychology as a Behavioral Science 3. Goals of Psychology 4. The Subfields of Psychology
II.	MOTIVATION	1. Definition and Nature of Motivation (Motivational Cycles) 2. Measurement of Motivation 3. Primary Motives (i) Hunger and Thirst (ii) Sex and Maternal Drive 4. Social Motives (i) Affection and Affiliation (ii) Social approval and Esteem (iii) Achievement, Motivation
III.	EMOTION	1. Definition and Nature of Emotion 2. Psychological changes during Emotion 3. Measurement of Automatic changes 4. Expression of Emotion
IV.	ATTENTION AND PERCEPTION	1. Definition and Nature of Attention 2. Determinants of Attention 3. Meaning of Perception 4. Object Perception

BASIC BOOK:

(1) Clofford T. Morgan, A Brief Introduction To Psychology, Tata McGraw Hill (1978), Publishing Co. Ltd, New Delhi.

(2) Ciccarelli, Saundra K. and Mryer,Hlenn E. (2008), Psychology South Asian Edition Pearson Longman, An imprint of Pearson Education. First Impression.

B. A. PSYCHOLOGY
Semester – I
PSY 102- 1 C (Psychology & Effective Behavior – I)

UNITS	TOPICS	SUB-TOPICS
I.	TYPES AND SOURCES OF STRESS	1. Frustration (i) Sources of frustration (ii) Common frustration in our Culture 2. Conflict (i) Types of Conflict (ii) Common Conflict in our Society 3. Pressure (i) Sources of Pressure (ii) Common Pressure in our Society
II.	SEVERITY OF STRESS	1. Characteristics of the Adjustive demand 2. Characteristics of the Individual 3. Other Key Aspects of Stress (i) Stress Pattern are Unique (ii) Stress Patterns may be Unconscious 4. Adaptation to Stress is Expensive
III.	PRE-MARITAL ADJUSTMENT	1. Changing Pre-marital Patterns (i) Sex Role & Relationship before marriage 2. Exception of Marriage (i) Changing Martial Relationship & Exception (ii) Reasons for Marriage (iii) Why Some People never Marry (iv) New Standards for Assessing Martial Success 3. Selecting a Mate (i) The quest for Romantic Love (ii) What do young people look for? (iii) Key Aspect in Mate Selection (iv) Predicting Martial Success
IV.	MARITAL ADJUSTMENT	1. Marital Styles & Interaction 2. Factors on good Martial adjustment (i) Pre-marital Background Factors (ii) Personality Factors (iii) Sexual Adjustment (iv) Roles & Mutual Accommodation (v) Environmental Resources, Limitations & Demands

BASIC BOOK:

Coleman,J.C., Psychology and Effective Behavior, D.B Taraporevala Sons & Co.Bombay.

B. A. PSYCHOLOGY
Semester – II
PSY 103- 1 C
(BASIC PSCHOLOGICAL PROCESS - II)

UNITS	TOPICS	SUB-TOPICS
I	Psychology as a science	The Methods of Psychology 1. Natural and Systematic Observation 2. Clinical Methods 3. Survey Method 4. Experimental Method
II	LEARNING	1. Definition of Learning 2. Classical Conditioning 3. Operant Conditioning 4. Difference between Classical Conditioning and Operant Conditioning 5. Cognitive Learning (Insight Learning)
III	MEMORY	1. Meaning of Memory 2. Stages of memory 3. Short term and Long Term Memory 4. Measurement of Retention 5. Factors affecting retention
IV	PSYCHOLOGICAL TESTING	1. Definition and Uses of Psychological Testing 2. Characteristics of a Good Psychological Test 3. Kinds (Types) of Test 4. Intelligence Tests

BASIC BOOK :

(1) Clofford T. Morgan, A Brief Introduction To Psychology Tata McGraw Hill (1978), Publishing Co. Ltd, New Delhi.

REFERENCE BOOK :

(1) Baron K. A. (1995), Psychology – The Essential Science; Allyd and Becon, New York.

(2) Ciccarelli, Saundra K. and Mryer,Hlenn E. (2008) Psychology South Asian Edition Pearson Longman, New Delhi.

B. A. PSYCHOLOGY Semester – II PSY 104-1 C *(*Psychology & Effective Behavior – II*)*		
UNITS	**TOPICS**	**SUB-TOPICS**
I	THE WORLD OF WORK	1. Changing views of work 2. Factors in the Career Planning (i) Stages in Career Planning (ii) Personal Characteristics (ii) Occupational Information 3. Special Problems in Vocational Adjustment (i) Working Woman (ii) Disadvantaged Workers
II	INTELECTUAL COMPETENCE – LEARNING	1. The Learner 2. The Task 3. Procedure 4. Feedback 5. Creative Thinking (i) Stages of Creative Thinking (ii) Characteristics of Creative People
III	EMOTIONAL COMPETENCE	1. Patterns of Expression & Control of Emotions 2. Understanding & Functioning with Emotions 3. Fostering Constructive Emotions
IV	SOCIAL COMPETENCE	1. Main Foundations of Interpersonal Relationships (i) Reorganization of Mutual Purpose, Rights & Responsibilities (ii) A Realistic View of Self & Others 2. Improving Social Competence (i) Helping to Meet the Needs of Others (iii) Maintaining One's Own Integrity

BASIC BOOK:

Coleman,J.C., Psychology and Effective Behavior, D.B Taraporevala Sons &.Bombay.

B.A. Hons SEMESTER 1 (Psychology)							
Paper Title	**Course**	**Credit**	**Work Hours/ Week**	**Theory/ Practical**	**Internal**	**External**	**TOTAL**
BASIC PSCHOLOGICAL PROCESS - 1	PSY 101-1 C	4	4	4 [Theory]	50	50	100
Psychology & Effective Behavior – I	PSY 102-1 C	4	4	4 [Theory]	50	50	100
History of Ancient India (From Pre- History To 6th Century B.C)	HIE101-1C	4	4	4 [Theory]	50	50	100
MDC- Introduction to Economics	MDC101-1C	4	4	4 [Theory]	50	50	100
Panchtantra Vishnusharma	AEC-101-1C	2	2	2 [Theory]	25	25	50
Shree Madbhagvadgita	SEC-101-1C	2	2	2 [Theory]	25	25	50
IKS-1	CVA101-1C	2	2	2 [Theory]	25	25	50
		22	**22**	**22 Credit**	**275**	**275**	**550**

B.A. Hons SEMESTER 2 (Psychology)							
Paper Title	**Course**	**Credit**	**Work Hours/ Week**	**Theory/ Practical**	**Internal**	**External**	**TOTAL**
BASIC PSCHOLOGICAL PROCESS - II	PSY 103-1 C	4	4	4 [Theory]	50	50	100
Psychology & Effective Behavior – II	PSY 104-1 C	4	4	4 [Theory]	50	50	100
History Of Ancient India (From Mauryan Age To 650 A.D)	HIE102-1C	4	4	4 [Theory]	50	50	100
MDC Labour Economics	MDC102-1C	4	4	4 [Theory]	50	50	100
Panchtantra Vishnusharma	AEC-102-1C	2	2	2 [Theory]	25	25	50
Shree Madbhagvadgita	SEC-102-1C	2	2	2 [Theory]	25	25	50
IKS-2	CVA102-1C	2	2	2 [Theory]	25	25	50
		22	**22**	**22 Credit**	**275**	**275**	**550**